

## ***NANO-INFUSION TREATMENT RECOMMENDATIONS***

### **Pre-care recommendations :**

- ➔ Do not use topical agents that may increase your skin's sensitivity, such as retinoids, exfoliants, topical antibiotics or hydroxy acids 5 to 7 days before treatment.
- ➔ Avoid IPL/Laser procedures for at least 2 weeks before treatment.
- ➔ No waxing, depilatory cream or electrolysis on the treatment area for 5 days beforehand.
- ➔ Avoid unprotected sun exposure or sunburn for at least one week before surgery.
- ➔ To avoid skin irritation, do not shave on the day of the operation.
- ➔ As far as possible, don't wear too much make-up on the day of the operation, and don't try out new products before the procedure.

### **Post-care recommendations :**

- ➔ Try not to overexpose yourself to the sun (tanning and sunbathing) for at least 10 days to avoid the risk of hyperpigmentation and skin sensitization.
- ➔ Do not apply make-up immediately after the treatment. Continue to wear SPF 30+ every day.
- ➔ Gently cleanse your face before bedtime on the day of treatment with a mild cleanser and lukewarm water.
- ➔ Use recommended serums and skin care products according to your therapist's instructions.
- ➔ Avoid strenuous exercise, saunas and swimming for at least 48 hours after the service.
- ➔ Avoid immediate use of active skin care products (AHA/BHA, exfoliants, vitamin A, retinol, etc.) for at least 5 days.

